Treating kennel cough naturally

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For those of you whose dogs have been given preventative homoeopathic kennel cough nosode, or recently had the intranasal conventional kennel cough vaccination, it is very likely that the springtime round of kennel cough will not effect your dog at all, as these two kennel cough prevention methods are particularly effective ones.

For those whose dogs have not received any disease prevention, and for those whose dogs have been conventionally vaccinated for kennel cough by injection, there is a chance your dog will suffer this condition.

It is not a serious disease, just a mild croup-like cough for a few days. The worst of it may be that your dog and maybe your whole family will be kept awake for a night or two by the constant coughing. Occasionally, bronchitis and pneumonia may develop in very young or old dogs, but for most dogs, homoeopathic treatment is very effective.

The kennel cough 30C nosode itself can be given once or twice, and other useful remedies may be aconite for the early stages for a rough, loud, barking (pardon the pun) cough, especially at night. Then later, other remedies might be bryonia, drosera or ant tart.

It is very helpful to give vitamin C powder, about 2000 to 4000mg twice daily for a few days, and a human dose of immune boosting herb such as echinacea, andrographis or reishi/shitaki mushroom. A herbal cough medicine with some warm honey can help a lot.

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